

PORT PHILLIP SENIORS FESTIVAL

3 to 17 October 2025



Festival Partner

**Victorian
Seniors
Festival
2025**



Acknowledgement of country

Council respectfully acknowledges the Traditional Owners and Custodians of the Kulin Nation. We acknowledge their legacy and spiritual connection to the land and waterways across the City of Port Phillip and pay our heartfelt respect to their Elders, past, present, and emerging.



City of Port Phillip contact information

- 📞 ASSIST 03 9209 6777
- 📞 0432 005 405
- 🖱️ portphillip.vic.gov.au
- ✉️ City of Port Phillip
Private Bag 3
PO St Kilda, VIC 3182

View online

To download a PDF copy of this event guide, scan the QR or visit

- 🖱️ portphillip.vic.gov.au/seniors-festival



Eight days of free public transport!

Victorian Senior Card holders can enjoy regional and rural Victoria with eight days of free public transport from

5 to 12 October.

- 📞 1800 800 007
- 🖱️ ptv.vic.gov.au

Introducing the Festival Friend

Look out for Festival Friends wearing yellow T-shirts at this year's Port Phillip Seniors Festival. A Festival Friend is a companion that you can enjoy many events and activities with.



Look out for this symbol throughout the event guide.

City of Port Phillip news

Sign up to the Divercity e-newsletter for the latest news across our City.

- 🖱️ portphillip.vic.gov.au/divercity



National Relay Service

If you are deaf or have a hearing or speech impairment, you can phone us through the National Relay Service (NRS):

- TTY users, dial 133677, then ask for 03 9209 6777
- Voice Relay users, phone 1300 555 727, then ask for 03 9209 6777

- 🖱️ accesshub.gov.au

Large print

If you require a large print version please phone
ASSIST 03 9209 6777

Interpreter services

Nearly a quarter of residents in the City of Port Phillip speak languages other than English at home. Council offers a free multilingual telephone interpreting service for council enquiries. The interpreter will put a caller in touch with our Call Centre so we are able to respond to your enquiries.

廣東話 9679 9810

普通話 9679 9858

Ελληνικά 9679 9811

Русский 9679 9813

Polska 9679 9812

Other 9679 9814

Rainbow Tick accreditation

City of Port Phillip Aged Care Services has been awarded the Rainbow Tick, an Australian Standards accreditation indicating services provided are inclusive of and sensitive to the needs of lesbian, gay, bisexual, transgender and intersex (LGBTIQ) people.



Port Phillip Seniors Festival

3 to 17 October 2025

The Port Phillip Seniors Festival celebrates the valuable contribution people aged 55+ have made and continue to make to our community. This program is full of exciting events covering a wide range of fun topics for people to enjoy, right here in the City of Port Phillip.

You can also join the Victorian Seniors Festival this October for a month of fun, free or low-cost events and activities. Enjoy great times and take part in exciting events happening near you!

Our top picks for the Victorian Seniors Festival:

Celebration Day

12 midday to 7 pm
Sunday 5 October
Federation Square

Big Band Dance

12 midday to 3.30 pm
Tuesday 7 October
Melbourne Town Hall

 seniorsonline.vic.gov.au/festival

Songs of Judy Garland

1 pm to 2.30 pm
Thursday 9 October
Capitol Theatre

ACMI Seniors Film Festival

From 6 to 12 October
Australian Centre of the
Moving Image

City of Port Phillip presents

MUSIC AND DANCE



Seniors Festival Launch with Mama's Brew!

Get ready to groove! Join us for a vibrant 70s-themed event featuring far out music, bold fashion and a whole lot of fun. We'll be celebrating with an afternoon of live tunes from funk through to disco. Time to get down and boogie dressed up in your favourite 70s attire, from platform shoes to bell bottoms. Light afternoon tea provided with drinks available to purchase at the bar.

WHEN

2 pm to 4 pm
Friday 3 October

WHERE

Middle Park Bowls Club
Canterbury Road
Middle Park

Located on the park side of the number 96 tram line, directly opposite the Middle Park Hotel on Canterbury Road. Car park entrance is through the underpass of the tramline.

BOOKINGS REQUIRED

-  Simone 0403 642 893
-  PPSF2025@portphillip.vic.gov.au
-  trybooking.com/DEPOE

FREE

 Festival Friend

City of Port Phillip presents

MOVEMENT



Introduction to Line Dancing

Line dancing is a fun way of improving your balance, memory and general wellbeing. It is physical, mental, musical, social and laughter therapy all rolled into one. This 45-minute introductory class will be followed by an hour of improver line dancing for those who want to go the extra mile. No experience necessary. Afternoon tea provided.

WHEN:

1 pm to 3 pm
Monday 6 October

WHERE:

Port Melbourne Library
333 Bay Street
Port Melbourne

BOOKINGS REQUIRED

- ☎ 03 9209 6655
- ✉ libprograms@portphillip.vic.gov.au
- 🖱 trybooking.com/DDHMR

FREE

WORKSHOP



Art Workshop with First Nations Artist Leslie Stanley

Join First Nations artist Leslie Stanley in a traditional painting workshop. You will learn about the history of Indigenous art and storytelling to create your very own painting to take home. All art materials and refreshments included.

WHEN

2 pm to 5 pm
Tuesday 7 October

WHERE

Gasworks Arts Park
Garden Studio,
21 Graham Street
Albert Park

BOOKINGS REQUIRED

- ☎ Simone 0403 642 893
- ✉ PPSF2025@portphillip.vic.gov.au

FREE

WORKSHOP

Building Better Connections and Making New Friends Workshop

Discover practical ways to boost social confidence, navigate life's changes and build new friendships. This 2-hour interactive workshop is designed to help you build meaningful connections, and covers the impact of loneliness, setting healthy boundaries, using technology safely and improving communication.

WHEN

1.30 pm to 3.30 pm
Wednesday 8 October

WHERE

St Kilda Library Community
Room, 150 Carlisle Street
St Kilda

BOOKINGS REQUIRED

- ☎ 03 9209 6655
- ✉ libprograms@portphillip.vic.gov.au
- 🖱 trybooking.com/DDWJU

FREE

TALK

Silver Sleuths Author Talk with Laraine Stephens, Janice Simpson and Katrina Watson. Hosted by author Amanda Hampson

Join us for an enlightening panel author talk recognising senior writers in collaboration with members of Sisters in Crime. Sisters in Crime Australia was founded in 1991 to celebrate women's crime writing on the page and screen.

WHEN

6 pm to 7 pm
Thursday 9 October

WHERE

Albert Park Library,
319 Montague Street
Albert Park

BOOKINGS REQUIRED

- ☎ 03 9209 6655
- ✉ libprograms@portphillip.vic.gov.au
- 🖱 trybooking.com/DDLTP

FREE

City of Port Phillip presents

TALK

Morning Tea

Visit the Carlisle Street Art Space for morning tea with established curator and writer Kirsten Rann. As a member of the Rupert Bunny Foundation and the City of Port Phillip Art Acquisition Committee, Kirsten will share insights into the Collection and the legacy of Rupert Bunny. The talk will be followed by a light morning tea, and time to discover the current exhibition, *Unfolding Futures*.

WHEN

10.30 am to 11.45 am
Friday 10 October

WHERE

Carlisle Street Art Space
99A Carlisle Street, St Kilda

BOOKINGS REQUIRED

- ☎ Autumn 0482 127 030
- ✉ autumn.tansey@portphillip.vic.gov.au
- 📅 trybooking.com/DEQUU

FREE

FILM SCREENING



Ageing (Dis)gracefully

Join us at Emerald Hill Library for a screening of Ageing (Dis)gracefully, a selection of short films screened at the 2024 St Kilda Film Festival – plus some new additions! Afterwards, St Kilda Film Festival Director Richard Sowada will lead a Q&A with some of the filmmakers.

WHEN

5 pm to 7 pm
Tuesday 14 October

WHERE

Emerald Hill Library
195 Bank Street
South Melbourne

BOOKINGS REQUIRED

- ☎ 03 9209 6655
- ✉ lib.programs@portphillip.vic.gov.au
- 📅 trybooking.com/DDWKX

FREE

MINGLE



Linking Neighbours Coffee Groups – Come and Try!

Enjoy a free coffee and discover the Linking Neighbours program.

Looking to connect with others in your community? Linking Neighbours is a Council-supported initiative that promotes community connection, support and friendship. Coffee groups happen every week across five locations in Port Phillip, along with other activities designed to foster connection. Any Port Phillip residents aged 55+ can join for free.

WHEN AND WHERE

Tuesday 7 October
10 am to 11 am

Hummingbird Cafe,
88 Ormond Road, Elwood

Wednesday 8 October
10 am to 11 am

Jack the Geezer
corner of Armstrong Street and
Canterbury Road, Middle Park

Thursday 9 October
11 am to 12 pm

Gasworks Café, Gasworks Arts
Park, 21 Graham Street
Albert Park

BOOKINGS REQUIRED

- ☎ 0403 904 092
- ✉ linkingneighbours@portphillip.vic.gov.au

FREE

Tuesday 14 October
11 am to 12 pm

Neighbours Cafe corner of
Chapel and Inkerman Streets
St Kilda

Wednesday 15 October
10 am to 11 am

PM's Cafe
corner of Bay and Liardet
Streets, Port Melbourne

City of Port Phillip presents

AWARDS

Port Phillip Writes: Seniors Festival 21st Writing Awards Presentation

Join us for this enjoyable session of literature including the announcement of the Judges Awards. Special guests will read selections of writers' entries. Light refreshments included.

WHEN

2.30 pm to 4.30 pm
Friday 17 October

WHERE

St Kilda Town Hall
99A Carlisle Street
St Kilda

✉ portphillipwrites@portphillip.vic.gov.au

FREE



U3A Port Phillip presents

University of the Third Age Port Phillip (U3APP) offers classes for retired or semi-retired seniors living in or near the City of Port Phillip, to keep your mind active, find new friends and enrich your retirement lifestyle.

EXHIBITION

Seniors Festival Art Exhibition

The U3APP Art Exhibitions will provide an insight into the diverse range of art classes available. This exhibition is open to the general public, members and subscribers of U3APP. Refreshments included.

WHEN

2 pm to 4 pm
Tuesday 7 October

WHERE

Mary Kehoe Centre
224 Danks Street, Albert Park

BOOKING REQUIRED

☎ 03 9696 3495
✉ events@u3app.org.au
👉 bit.ly/SeniorsArt

FREE

 Festival Friend

MINGLE

Happy Hour with U3APP Male Choir

Enjoy Happy Hour with family and friends while being entertained by the ever-popular U3APP Male Voice Choir. Join in the fun by singing along to popular songs and take the opportunity to meet new people from your local community.

WHEN

4.30 pm to 6 pm
Thursday 9 October

WHERE

Heroes Lounge, RSL
88 Acland Street, St Kilda

BOOKING REQUIRED

☎ 03 9696 3495
✉ events@u3app.org.au
👉 bit.ly/U3AMaleChoir

FREE

U3A Port Phillip presents

DANCE



Dancing on Fridays

Come join the Dancing on Fridays class to either watch or join in the fun. Music and dance improve mental and physical wellbeing and make you feel good. This special seniors dance class will cover varying dance styles and will be lots of fun. If you come to participate, please wear shoes that you can swivel in easily. Refreshments included.

WHEN

1.30 pm to 3 pm
Friday 10 October

WHERE

The Hall, South Melbourne
Community Centre
1 Ferrars Place
South Melbourne

BOOKING REQUIRED

☎ 03 9696 3495
✉ events@u3app.org.au
📍 bit.ly/SenDanceFri

MULTICULTURAL DANCE



Hoppa Hey

Hoppa Hey Multicultural Dance program is taught by three qualified tutors who cover dances from many different cultures. This class will showcase a variety of traditional dances that are not only enjoyable to watch but are also beneficial for enhancing balance, coordination and memory. You are warmly invited to watch, and who knows, you might even feel inspired to join in by the end! Refreshments included.

WHEN

11 am to 1 pm
Tuesday 14 October

WHERE

The Hall, South Melbourne
Community Centre
1 Ferrars Place, South Melbourne

BOOKING REQUIRED

☎ 03 9696 3495
✉ events@u3app.org.au
📍 bit.ly/U3AHoppa

FREE

MUSIC



Seniors Festival Showcase of Art and Music

The U3APP Musical Showcase will provide the opportunity to sing along with the ukulele group and Male Choir, plus traditional and folk music from the Recorder Consort. The U3APP Art Exhibition will also be on display for viewing. So please come along, view the artwork, sing along and enjoy a relaxed and fun afternoon! Refreshments included.

WHEN

2 pm to 4 pm
Friday 17 October

WHERE

The Hall, Mary Kehoe Centre
224 Danks Street, Albert Park

BOOKING REQUIRED

☎ 03 9696 3495
✉ events@u3app.org.au
📍 bit.ly/U3AAM

FREE

DISCUSSION

Saturday Seminar, Gardens that Provide Room to Connect with Nature

Join Andrew Laidlaw for an intriguing discussion about the Royal Botanic Gardens Melbourne, exploring the blend of creativity and practicality behind the scenes that brings these beloved shared spaces to life. Andrew is involved with the Global Gardens of Peace and will explain the link between green space, community and individual health and wellbeing.

WHEN

2.30 pm to 3.30 pm
Saturday 11 October

WHERE

This webinar is free to the general public via Zoom.

☎ 03 9696 3495
✉ events@u3app.org.au
📍 bit.ly/3UuoAul

FREE

Community produced programs and events

LGBTIQ+



Drag Singalong and Morning Tea with Better Health Network

Join Better Health Network (BHN) and the fabulous Drag Queen Frock Hudson for a celebration of our LGBTIQ+ seniors! Sing your heart out to beloved classics, enjoy morning tea and take a tour of the stunning Victorian Pride Centre building. Dress to express! Come in your colours, glitter, and glam (or not) – everyone's welcome to shine in their own way.

WHEN

**10 am to 1 pm
Tuesday 7 October**

WHERE

Victorian Pride Centre
79–81 Fitzroy Street, St Kilda

BOOKINGS REQUIRED

☎ Karyn Maslen 132 246
✉ rainbow@bhn.org.au
🔗 bit.ly/3UYXiWC

FREE

TOUR AND TALK



Port Phillip Men's Shed presents Shed Tours, Talks, Live Demos, and Sausage Sizzle

Visit our Shed for a tour of our metalwork, woodwork and garden facilities. Take part in live demonstrations by Shed members and panel discussions. Gold coin donation accepted.

WHEN

**9.30 am to 2 pm
Wednesday 15 October**

WHERE

Port Phillip Men's Shed
317 Dorcas Street
South Melbourne

BOOKINGS REQUIRED

☎ Steve 0412 408 227
🔗 bit.ly/4m6Z3DK

FREE

ART



Connect, create and reflect through art therapy

Experience the power of art therapy as a meaningful way to build new connections and engage with the wider local community. By focusing on the process of art making, participants are invited to share diverse ideas and learn from one another in a creative and welcoming environment. Afternoon tea included.

WHEN

**1 pm to 3 pm
Saturday 4 October**

WHERE

Linden Gallery Art Studio
28 Acland Street
St Kilda

BOOKINGS REQUIRED

☎ Jea 0409 519 933
✉ jeanetterlyons@yahoo.com.au

FREE

GIGGLES AND HEALTH

Learn comedy: help keep dementia at bay

This unique comedy workshop, led by Australian comedian and comedy coach Bradford Oakes, is designed to help you find your inner funny. Laughing can improve your brain and heart health. Exclusive for people aged 55+ (max 20 participants).

WHEN

**2 pm to 4 pm
Saturday 4 October**

WHERE

Elwood St Kilda Neighbourhood Learning Centre (ESNLC)
87 Tennyson Street, Elwood.

ESNLC is an accessible venue with disabled parking. Free street parking and close access to public transport.

BOOKINGS REQUIRED

✉ creativitymidwife@gmail.com
🔗 bit.ly/45esa24

FREE

Community produced programs and events

TOUR

EcoCentre Open House and Afternoon Tea

An interactive tour of the new EcoCentre at the St Kilda Botanical Gardens followed by afternoon tea. Explore the new sunlit building, a leading example of sustainable building and garden design. Get behind the scenes insights into the EcoCentre's inspiring programs and learn how locals, groups and families can join in.

WHEN

2 pm to 4 pm
Saturday 4 October

WHERE

Port Phillip EcoCentre
55A Blessington Street
St Kilda

BOOKINGS REQUIRED

☎ 03 9534 0670
✉ info@ecocentre.com
🌐 bit.ly/ECSenTour

FREE

TOUR

Dig In Community Garden Open Day

Dig In Community Gardens is a well established environmentally sustainable vegetable garden with 100 active garden members of all ages. Visitors are invited for a garden tour, meet our gardeners at work, check out chickens and bees, followed by a lunch from the garden kitchen. Unfortunately, no dogs allowed.

WHEN

10.30 am to 2.30 pm
Sunday 5 October

WHERE

Dig In Community Garden
Murphy Reserve
Williamstown Road
Port Melbourne

Bookings not required.

FREE

SPORT

Crew Rowing - Come and Try for Seniors

Discover the joy of rowing on the beautiful Albert Park Lake. While good mobility is required, no prior experience is necessary. Your instructors are mature-age rowers who will be right there with you offering support in a fun environment. Attention former rowers - it may have been many years since you last rowed, but we warmly welcome you back for a relaxed and gentle session on the water.

WHEN

9.45 am to 12 midday
Sunday 5 October

WHERE

Lakeside Pavilion
34 Lakeside Drive, Albert Park

BOOKINGS REQUIRED

☎ Kath 03 9592 2147
(business hours)
✉ yrowingcentre@hotmail.com

FREE

CULTURAL EVENT

A Forum on the History of Jewish Festival Sukkot and Holiday Concert

Sukkot is a joyful festive event associated with the harvest and the tradition of the 'four kinds of plants'. Join members and guests to celebrate Jewish culture with amazing food, beautiful music, videos and dancing. This event is presented by the Shalom Association and the Ethnic Discussion Club.

WHEN

3 pm to 5 pm
Sunday 5 October

WHERE

Betty Day Community Centre
67 Argyle Street, St Kilda

BOOKINGS REQUIRED

☎ Nina 0419 504 204

FREE

Community produced programs and events

ART AND NATURE

Cyanotype workshop with artist Rebecca Murray

Rebecca is renowned for her beautiful cyanotype photography. She will lead a hands-on workshop, guiding participants on how to create sun-printed images with found natural materials in St Kilda Botanical Gardens. Participants can then take their unique artworks home. Limited to 10 participants.

WHEN

10 am to 12 midday
Sunday 5 October

WHERE

Meet at the two glasshouses on the Blessington Street side of St Kilda Botanical Gardens

BOOKINGS REQUIRED

☎ Joy 0418 312 935
🖱 trybooking.com/DEMQR

COST: \$15

ART AND NATURE

Draw Plants Together with artist Craig Burgess

A friendly, inclusive drawing workshop focusing on our relationship with plants. Providing a space for creativity, social connection, and an appreciation of the local ecology of which we are part of. Think you can't draw? You can! Limited to 10 participants.

WHEN

2 pm to 4 pm
Sunday 5 October

WHERE

Meet at the two glasshouses on the Blessington Street side of St Kilda Botanical Gardens

BOOKINGS REQUIRED

☎ Joy 0418 312 935
🖱 trybooking.com/DEMQR

COST: \$10

SPORT



Bowling in the Gardens

Albert Park Bowls Club has been a part of the local scene for over 150 years (established 10 June 1873). Come and try bowling in one of Melbourne's oldest bowls clubs, set in the splendid St Vincent Gardens, surrounded by oak trees dating to 1860. We will provide instruction, a sausage sizzle, raffle and all equipment (please wear flat shoes). See you soon for a roll on the rink!

WHEN

11 am to 5 pm
Sunday 5 October

WHERE

Albert Park Bowls Club
St Vincent Gardens (Ferrars St End), 3/1A St Vincent Place
Albert Park

Bookings not required.

FOR MORE INFORMATION

☎ 9690 3592
✉ president@albertparkbowlsclub.com.au

FREE

MOVEMENT



Gentle Movement with Live Music

In this calming and restorative workshop, you will learn simple, preventative body movements that can be used in everyday life. The session will include elements of Tai Chi, Qigong, Yin Yoga, active and sensory meditations and sound healing with a Tibetan bowl. Featuring live viola music performed by a skilled musician. Presented by South Port Community Centre and Yoga with Lea.

WHEN

12 midday to 1 pm
Wednesday 8 October

WHERE

South Melbourne Community Centre, 1 Ferrars Place
South Melbourne

BOOKINGS REQUIRED

☎ Lea 0411 273 675
✉ singerlea@yahoo.com
🖱 bit.ly/GentleLea

FREE

Community produced programs and events

MUSIC AND CULTURAL EVENT

Fitness, Food and Fun with the Greeks from Kastellorizo

This heartwarming event for seniors combines gentle physical activities with an immersive celebration of Kastellorizian Greek traditions. Enjoy live entertainment while experiencing the warmth and vibrancy of this unique culture. Lunch included.

WHEN

11 am to 4 pm
Wednesday 8 October

WHERE

KAV (Kastellorizian Association of Victoria) Building
250 Dorcas Street
South Melbourne

BOOKINGS REQUIRED

☎ Christine 0432 915 049

FREE

GIGGLES

Local Laughs presents Thursday Laughternoon

Get ready to give your laughter muscles a workout. This uplifting event kicks off with a fun laughter yoga session to warm you up, followed by one hour of stand-up comedy by some of the biggest names in Australian comedy.

WHEN

1.30 pm to 3 pm
Thursday 9 October

WHERE

The Local Taphouse
184 Carlisle Street, St Kilda East

BOOKINGS REQUIRED

☎ Simone 0403 642 893
✉ PPSF2025@portphillip.vic.gov.au
🖱 trybooking.com/BOCLQ

COST: \$15

SPORT

Table Tennis for All

Try your hand at table tennis in the official Centenary Year of the sport in Victoria. This enduring sport offers low-impact physical activity with mental stimulation and social interactions. Enjoy a fun and relaxed couple of hours with friendly, experienced social players who are happy to guide you, offer tips or simply have a friendly hit.

WHEN

10 am to 12 midday
Thursday 9 October

WHERE

Stadium 5, Melbourne Sports and Aquatic Centre
30 Aughtie Drive
Albert Park

Booking not required

FOR MORE INFORMATION

☎ Daisy 0418 337 205

FREE

WALK

St Kilda History Walk

Join author and historian Carmel McKenzie for a captivating two-hour guided walk through St Kilda, once Melbourne's most prestigious suburb. This 2 km walk will explore the grand homes and intriguing stories of the people who shaped St Kilda in the mid-1800s – wealthy settlers, political exiles and gold rush fortune seekers. Limited places available.

WHEN

10 am to 12 midday
Thursday 9 October

WHERE

This walk will start and finish at the Jackson Street Car Park (behind the Victorian Pride Centre), covering 1.4 km across easy terrain.

BOOKINGS REQUIRED

☎ 03 9525 8746
🖱 bit.ly/STKHist

FREE

Community produced programs and events

MUSIC AND DANCE



Total Eclipse of the Heart - 80's Dance Party

Bring back the big hair, neon colours, shoulder pads, and leg warmers for an afternoon of 80's themed live music. Groove to the beat, enjoy your favourite finger foods and dress to match the party's dance vibe and atmosphere.

WHEN

2 pm to 4 pm
Friday 10 October

WHERE

Sacred Heart Community
101 Grey Street
St Kilda

BOOKINGS REQUIRED

☎ Tammy 0467 760 170

✉ shcomlifestyle@
sacredheartmission.org

FREE

SPORT



Exercise For All Ages

This welcoming class is suitable for people of all ages and abilities. Designed to enhance overall health and wellbeing, it focuses on building physical strength, balance, boosting confidence and fostering social connections. Come and try a class!

WHEN

9.15 am to 10 am
Friday 10 October

WHERE

South Melbourne Community
Centre, 1 Ferrars Place
South Melbourne

BOOKINGS REQUIRED

☎ Maree 0400 551 865

FREE

MUSIC



Singalong with St Kilda Ukulele Lovers League (SKULL)

Dust off your ukulele (or any instrument you love) and join us for a lively singalong of beloved classics. Whether you're young, old or simply young at heart, everyone's welcome! SKULL will be joined with other local ukulele groups for a joyful musical performance. Drinks available for purchase. Presented by SKULL and Port Phillip EcoCentre.

WHEN

2 pm to 4 pm
Saturday 11 October

WHERE

Port Phillip EcoCentre
55A Blessington Street
St Kilda

Bookings not required.

FOR MORE INFORMATION

☎ Peter 0411 470 651

FREE

MUSIC AND CULTURAL EVENT



Concert from "Harmony"

Join us for a vibrant showcase of art, culture and music from across the world. This dynamic event promises an immersive experience filled with singing, dancing, eating and celebrating.

WHEN:

1 pm to 4 pm
Saturday 11 October

WHERE

Betty Day Community Centre
67 Argyle Street
St Kilda

BOOKINGS REQUIRED

☎ Lidiya 0421 129 806 or
Yudif 0421 188 120

✉ lidiya02@outlook.com

COST: \$15

Community produced programs and events

MUSIC AND DANCE



CaSPA Care Annual Concert

Come along and enjoy a performance by the CaSPA Care community perform. Feel free to join in by singing, clapping your hands and tapping your feet to the music. This concert is open to all in our community, and to the family and friends of the residents at CaSPA Care.

WHEN

2 pm to 3 pm
Sunday 12 October

WHERE

CaSPA Care
Napier Street Homes
203 Napier Street
South Melbourne

BOOKINGS REQUIRED

☎ Caroline 0418 556 337
✉ icm@netspace.net.au

FREE

MUSIC AND CULTURAL EVENT



Celebrating Jewish Harvest Festival - Sukkot 2024

Join us to celebrate the Jewish harvest festival of Sukkot. Learn more about the significance of Sukkot to Jewish faith and culture and enjoy musical performance and scrumptious food.

WHEN

4 pm to 7 pm
Sunday 12 October

WHERE

Betty Day Community Centre
67 Argyle Street
St Kilda

BOOKINGS REQUIRED

☎ Jacob Revzin 0402 425 665

FREE

MUSIC AND CULTURAL EVENT



The Greek Giorti

Experience the vibrance of Greece with the Greek "Giorti" (meaning feast in Greek). Featuring delicious cuisine, vibrant music and dance, and cultural mementos. Presented by Port Melbourne Greek Community Senior Citizens Club.

WHEN

10 am to 12.30 pm
Monday 13 October

WHERE

Port Melbourne Community
Room, 1/147 Liardet Street
Port Melbourne

BOOKINGS REQUIRED

☎ Athena 0411 802 225

FREE

SPORT

Have a free go at Trugo

Try your hand at the historical Australian sport of Trugo. Test your skill with the wooden mallet and rubber ring in this fun and accessible sport for all ages, genders and abilities. An opportunity to meet new people and have fun.

Wear comfortable clothes, all equipment provided. Refreshments included.

WHEN

12 midday to 2.30 pm
Tuesday 14 October

WHERE

Port Melbourne Trugo Club
(Port Melbourne
Community Centre)
219 Esplanade East
Port Melbourne

BOOKINGS REQUIRED

☎ Julie 0417 031 651
✉ portmelbournetrugo@gmail.com

FREE

Community produced programs and events

THEATRE

Meet the Rising Stars of Stage and Screen!

A 60-minute performance of dance and drama by the rising stars of The National Ballet and National Drama Schools. Meet the Artistic Directors to hear about the students' training and rehearsal process. After the show, you will meet the performers and theatre staff over tea and biscuits in the beautiful heritage theatre foyer of the St Kilda National Theatre.

WHEN

10 am to 11.30 am
Tuesday 14 October

WHERE

The National Theatre
20 Carlisle Street, St Kilda

BOOKINGS REQUIRED

- ☎ National Theatre Office
03 9525 4611
- ✉ boxoffice@nationaltheatre.org.au

FREE

MUSIC AND CULTURAL EVENT



Going Greek!

Going Greek features delicious Greek food and lively music, and the opportunity to mingle and enjoy the company of the local Greek community. Booking is essential due to limited space. Presented by New Life Association.

WHEN

11 am to 1 pm
Tuesday 14 October

WHERE

Port Melbourne Community
Room 1/147 Liardet Street
Port Melbourne

BOOKINGS REQUIRED

- ☎ Kelly 0412 830 584
- ✉ argyropoulos.greekclub@gmail.com

FREE

TOUR

Tour of Melbourne's historic St Kilda Synagogue

Step inside one of Melbourne's treasured landmarks on a guided tour of St Kilda Synagogue, established in 1871. Learn about its historical significance and contribution to the wider Victorian community and some of the symbols of the Synagogue and their place in Judaism.

WHEN

2 pm to 3 pm
Thursday 16 October

WHERE

St Kilda Synagogue
12 Charnwood Grove
St Kilda

BOOKINGS REQUIRED

- ☎ Simone 0403 642 893
- ✉ PPSF2025@portphillip.vic.gov.au
- 🖱 trybooking.com/DEAAU

FREE

SPORT

Walkies Basketball

A low-impact, social and fun way to improve the levels of physical activity for inactive and lightly active Australians. Walking Basketball is for participants of all ages, genders and abilities and helps to maintain and improve health. Whether you played years ago and want to get back into it, have never touched a ball or want to give something less strenuous a go, this could be the sport for you.

WHEN

10.30 am to 11.30 am
Thursday 16 October

WHERE

Melbourne Sports and Aquatic Centre (MSAC), Court 7
30 Aughtie Drive, Albert Park

BOOKINGS REQUIRED

- ☎ Em 0434 261 624
- ✉ bdm@mcba.net.au

FREE

Community information

City of Port Phillip Aged Care Services

We provide a range of programs designed to enhance wellbeing and support independence for older residents. These include social support programs, delivered meals, a community bus service and the Community Connector Service. The Community Connector Service supports residents aged 55+, and their families and carers, by helping them navigate and access aged care, health and disability services, and community groups. Together, these services support people to maintain their independence and remain socially connected within the community.

FOR MORE INFORMATION:

- ☎ 9209 6882
- ✉ communityconnector@portphillip.vic.gov.au

Community Directory

Meaningful connections between people are important for good health and wellbeing. The new Community Directory is a resource for people experiencing social isolation and looking to re-engage in activities and programs with the local community. With over 220 listings, it supports individual community members with information about social opportunities in the area, service providers, and community groups with referral resources and network opportunities.

FOR MORE INFORMATION:

- 📍 portphillip.vic.gov.au/people-and-community/community-directory



Linking Neighbours Seniors Register

Join the City of Port Phillip's Linking Neighbours Seniors Register. It's free to join and a great way to meet local people and maintain community connections. Open to City of Port Phillip residents aged 55+, the program aims to create and strengthen neighbourhood connections through facilitated activities. The Seniors Register is a record of information that can be accessed by first responders in the event of an emergency.

TO REQUEST AN APPLICATION:

- ☎ Community Building Officer
0403 904 092
- ✉ linkingneighbours@portphillip.vic.gov.au

Joining the library in the City of Port Phillip

Membership to the Port Phillip Library Service is free to anyone, whether you live in the municipality or not. Join at a branch or join online.

FOR LIBRARY ENQUIRIES

- ☎ St Kilda 9209 6655
- 📍 library.portphillip.vic.gov.au

Home Library Service

Want to borrow from the library but can't visit one of our branches due to ill health, frailty or a disability? Our Home Library Service brings the library to you!

CONTACT HOME LIBRARY SERVICE:

- ☎ 03 9209 6652

Community information

Port Phillip Free Community Transport

The City of Port Phillip has a free community bus service that gives access from Elwood to Garden City. The service currently operates Monday to Friday 8.30 am to 3 pm. There are over 150 community transport bus stops between Caulfield Hospital, Elwood, South Melbourne Market, Alfred Hospital and St Kilda Library.

COMMUNITY TRANSPORT TEAM:

☎ 03 9209 6223

🌐 portphillip.vic.gov.au/community-bus

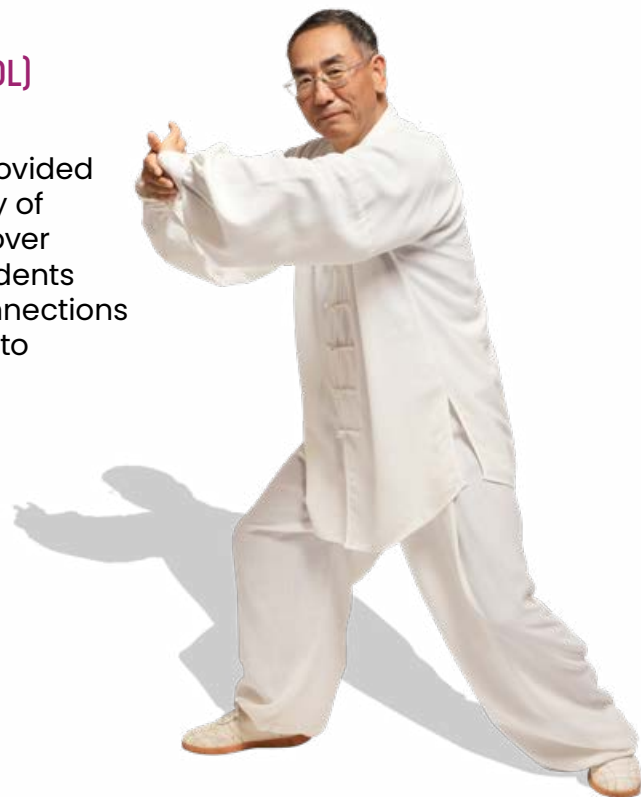
South Port Day Links (SPDL)

SPDL is a not-for-profit organisation that has provided volunteer services to City of Port Phillip residents for over 25 years. SPDL helps residents maintain their social connections and support their ability to live independently.

☎ 03 9646 6362

✉ info@spdl.org.au

🌐 spdl.org.au



Seniors Groups in Port Phillip

Port Phillip Life Activities Club

The club is for people aged 50+ in Port Melbourne, South Melbourne, Albert Park, Middle Park, St Kilda and Elwood.

FOR MEMBERSHIP ENQUIRIES:

☎ 0421 073 041

✉ membership@lifeportphillip.org.au

Port Melbourne Probus Club

Port Melbourne Probus Club is for active retirees living in the Port Phillip area. The club meets every fourth Friday morning at the South Melbourne Community Centre, 1 Ferrars Place, South Melbourne where they socialise and listen to a variety of interesting speakers. Events and outings are arranged throughout the year.

Prospective new members are welcome.

✉ port.probus@gmail.com

Port Phillip Men's Shed Association

Port Phillip Men's Shed Association (PPMSA) welcomes new members and suggestions about activities that may be of interest to you.

✉ info@ppmsa.org.au

University of the Third Age Port Phillip

Offers many courses to help stay mentally and physically active. There are no academic entry requirements and the low-cost annual membership fee gives you access to the courses.

☎ 03 9696 3495

✉ u3app@u3app.org.au

PORT PHILLIP SENIORS FESTIVAL

3 to 17 October 2025



Festival Partner

**Victorian
Seniors
Festival
2025**

