

Version: January 2022

## **Older Persons Advisory Committee (OPAC) Action Plan January – December 2022**

This plan was developed in consultation with the OPAC Planning Working Group on 4 January 2022. The plan is reflective of the World Health Organisation Age Friendly Cities Framework and the City of Port Phillip (CoPP) Council Plan 2021-2031.

### **Terms of Reference Objectives:**

- To be the peak advisory and advocacy body on issues affecting the wellbeing of older people (55 years and over) within the Port Phillip municipality.
- To be representative and advocate on behalf of older persons from our diverse community including people with disabilities, people who identify as lesbian, gay, bisexual, transgender or intersex (LGBTI), people of Aboriginal or Torres Strait Island background, people experiencing financial disadvantage (including people who are homeless or at risk of homelessness) and our multicultural and multifaith communities.
- To provide advice to Council and its officers on policies, plans and services that affect older people and their interests, and encourage Council to advocate to other levels of government.
- To advocate to the Community and Council, on behalf of older people, reflecting the United Nations Aged Friendly Cities Framework and the principles of independence, participation, care, self-fulfilment and dignity.
- To connect with other relevant internal and external community advisory committees. To liaise with other organisations and networks that have a direct interest in older persons in the City of Port Phillip and the wider community.

### **OPCC Key Focus Areas - not listed in order of priority**

- Positive Ageing Policy (Actively engage)
- Council Plan & Budget 2022/23 Input
- Ageism
- Health & Wellbeing and Physical Environment (Actively engage with Council on these issues)
- Housing (stay informed/provide advocacy support if applicable)

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- Environmental Sustainability (stay informed/provide advocacy support if applicable)
- Communication/COVID-19

<b>POSITIVE AGEING POLICY DEVELOPMENT</b>				
<b>Strategic Action</b>	<b>Deliverables</b>	<b>Process</b>	<b>Timeline</b>	<b>Outcome</b>
1. Through the findings of the <u>Aged Care Royal Commission</u> and the impact on COVID-19 pandemic work with Council to develop a Positive Ageing Policy	1.1 Provide feedback and advice on survey	1.1 Interested members to meet and or email Christine Denning Research and Data Analytics Advisor with feedback/advice on the survey structure and Questions	Feb	
	1.2 OPAC to establish who will be represented on the Positive Ageing Policy Committee (8 OPAC members)	1.2 Email to be sent out to all OPAC members to nominate. Final membership to be decided at the OPAC meeting	Feb	
	1.3 OPAC to be updated on progress of Policy	1.3 Teresa Parsons Head of Integrated Community Service Planning and Review to attend OPAC meeting to provide update	Mar	
	1.4 OPAC advise on draft policy objectives	1.4 Teresa Parsons attends OPAC meeting to advise and receive feedback on draft objectives	April	
	1.5 OPAC advise on draft policy	1.4 Teresa Parsons attends OPAC meeting to receive feedback on draft policy	June	
2. Continue to stay informed on the Aged Care Reforms	2. OPAC continue to advise Council on aged care and advocate when applicable	2. Coordinator Grants & Community Building and Manager Community Services to keep OPAC informed	Ongoing	

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<b>COUNCIL PLAN &amp; BUDGET 2022/23 REVIEW</b>				
<b>Strategic Action</b>	<b>Deliverables</b>	<b>Process</b>	<b>Timeline</b>	<b>Outcome</b>
1. Contribute to the Council Plan & Budget Review process	1. OPAC to draft a submission in response to the Council Plan & Budget Review. Submission to include: 1.1 Advocating for a Council Newsletter i.e. Diversity to be reinstated or for the development of a newsletter specifically for older residents to ensure that Council continues to inform and communicate with older residents who are not online or digitally literate. 1.2 Feedback on other issues of concern to be included  2. Consult/provide feedback on the following key Council documents <ul style="list-style-type: none"> <li>• Asset Management Plan</li> <li>• Rating Strategy Review</li> <li>• Waste Strategy Review</li> </ul>	1. Cr Martin to meet with OPAC reps to meet and prepare a submission. The submission to include: 1.1 Request to reinstate Diversity or resource a newsletter specifically for older residents 1.2 Identify and include any other issues of concern  2. Outline feedback either during a OPAC meetings or as a written submission via the OPAC Public Spaces & Physical Environment Working Group	February          TBC	

<b>AGEISM</b>				
<b>Strategic Action</b>	<b>Deliverables</b>	<b>Process</b>	<b>Timeline</b>	<b>Outcome</b>
1. Raise awareness of ageism and advocate against the discrimination of older people. Including in the context of the COVID-19 pandemic. <b>(Align to Positive Ageing Policy)</b>	1. Ensure actions outlined in the 15 September Notice of Motion (NoM) EveryAGE Counts ageism awareness campaign are delivered. The following actions are still to be delivered: 1.1 Council sign up to be a member of EveryAge Counts (EAC)  1.2 Display EAC posters at Council buildings, including ASSIT, Libraries and appropriate Community Facilities.  1.3 Conduct ageism awareness information sessions for Councillors, Council staff and Council's Advisory	1.1 General Manager Community Wellbeing and Inclusion to sign up Membership on behalf of Council. 1.2 Community Building Team and OPAC to put up posters.  1.3 Council Officers with support from OPAC members to conduct awareness information sessions to key Council Depts.	April   April   April ongoing	

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	<p>Committees. A tool has been developed by Maroondah City Council to assist this presentation.</p> <p>1.4 Provide older residents access to EAC tools that support them to raise awareness and address ageism.</p> <p>1.5 Develop an Ageism Awareness page on Council's webpage and include an update in Divercity, social media and other relevant Council communications.</p> <p>2. Stay informed and contribute to broader State and Australia wide ageism campaigns.</p>	<p>1.4 OPAC representatives to attend Positive Ageing Policy community pop ups and hand out EAC resources to community members.</p> <p>1.5 Advise/provide feedback on the development of the Ageism Awareness webpage</p> <p>2. Stay informed and participate if applicable to any COTA Victoria, Municipal Association of Victoria (MAV), local council advisory committees and EAC activities, when applicable.</p>	<p>Feb/Mar</p> <p>May - July</p> <p>TBC</p>	
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<b>HEALTH &amp; WELLBEING, BUILT ENVIRONMENT &amp; PUBLIC SPACES</b>				
<b>Strategic Action</b>	<b>Deliverables</b>	<b>Process</b>	<b>Timeline</b>	<b>Outcome</b>
<p>1. Advise and Advocate to Council on key issues affecting older residents' health and wellbeing including, impact of COVID-19, and access to social connection opportunities, sport &amp; recreation and community facilities. <b>(Align to Positive Ageing Policy)</b></p>	<p>1. Ensure older persons health and wellbeing considerations/issues/activities are being considered and addressed including:</p> <p>1.1 An increase in participation of older people in local Sport, recreation and social activities and additional opportunities for older people to increase their physical strength &amp; fitness</p> <p>1.2 Directory on social connection opportunities for older persons in Port Phillip</p>	<p>1.1 OPAC to establish and Sport, Recreation &amp; Social Activities Working Group. Working Group to engage with Councils Sport and Recreation Team and Property &amp; Assets Department</p> <p>1.2 Work with CASI Community Directory Project Officer to ensure relevant information for older persons is included in the Directory</p>	<p>TBC</p> <p>Feb/Mar</p>	

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<p>2. Continue to advocate for Council to align with the Aged Friendly Cities Framework when upgrading and/or developing the built environment and public spaces including:</p> <ul style="list-style-type: none"> <li>- Public lighting</li> <li>- Street furniture (Seating, water fountains, shade)</li> <li>- Public toilets</li> <li>- Footpaths</li> </ul>	<p>2. Ensure Council continues to consider the needs of older persons in relation to the built environment and public spaces with a focus on the following:</p> <p>2.1 Continue to advocate for a safe well monitored and energy efficient public lighting in Port Phillip.</p> <p>2.2 Continue to provide feedback on the outcomes and developments from Council's Design Strategy.</p> <p>2.3 Provide input and consult on Council's Draft Access &amp; Inclusion Plan</p> <p>2.4 Remain updated on the developments of the St Kilda Marina including the new lease</p> <p>2.5 Continue to advocate for the consideration of older persons needs as part of the revitalisation Fitzroy Street and other major shopping precincts, including street furniture and public seating.</p>	<p>2. OPAC to establish a Built Environment and Public Spaces Working Group to assist with OPAC's of the following actions:</p> <p>2.1 Stay engaged</p> <p>2.2 Key Council Officers to attend OPAC meeting to consult on Strategy. OPAC members to provide input independently on 'Have Your Say' and other community feedback and engagement opportunities.</p> <p>2.3 Access &amp; Inclusion Planner to conduct consultation at OPCC meeting. OPAC members to provide input independently on 'Have Your Say' and other community feedback and engagement opportunities.</p> <p>2.4 Councillor Representative, Cr Martin to also keep OPAC updated. If applicable invite relevant Council Officers to attend a meeting to update the Committee on the Marina</p> <p>2.5 OPAC to be represented in Community Engagement re Fitzroy Street.</p>	<p>Feb</p> <p>TBC</p> <p>TBC</p> <p>TBC</p> <p>TBC</p>	
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	<p>2.6 Where applicable continue to advocate for Public toilets.</p> <p>2.7 Provide advice and feedback on Elwood Foreshore Plan and the South Melbourne Infrastructure Plan</p>	<p>Advocate to Councillors for an audit to be completed on all street furniture in the Municipality</p> <p>2.6 Where applicable provide feedback on Councils public toilet developments and strategy.</p> <p>2.7 Key Council Officers to attend OPAC meeting to consult on Plans. OPAC members to provide input independently on 'Have Your Say' and other community feedback and engagement opportunities.</p>	TBC	
5. Continue to advocate for the planning and development of Fishermans Bend Urban Renewal Area (FBURA) to be Age Friendly.	<p>5.1 OPAC to stay updated with the planning and development of FBURA and provide</p> <p>5.2 Advocate for FBURA community engagement and consultation processes to be transparent and accountable.</p>	<p>5.1 OPAC to provide feedback on the Fishermans Bend Montague PIP</p> <p>5.2 OPCC members to participate in relevant workshops, community consultations when applicable</p>	Feb	

## HOUSING AND HOMELESSNESS

Strategic Action	Deliverables	Process	Timeline	Outcome
Stay informed on an annual basis and when applicable advocate for housing for older residents including social and public housing, with a focus	<p>1.1 OPAC to have an update on Council's Housing Strategy and actions on an annual basis</p> <p>1.2 Provide feedback and advice on key Council Strategies Affordable Housing Strategy &amp; Homelessness Action Strategy, when applicable and advocate for social housing</p>	<p>1.1 Invite relevant Council Officers to attend OPCC meeting to update OPCC on Councils response.</p> <p>1.2 Provide feedback on key Council documents, where applicable and advocate on housing opportunities for</p>	<p>June</p> <p>TBC</p>	

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on older women, affordability and ageing in place	and residential aged care facilities to be considered in the planning of any new developments in Port Phillip	older residents, including residential aged care in FBURA.		
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## ENVIRONMENTAL SUSTAINABILITY

Strategic Action	Deliverables	Process	Timeline	Outcome
1. Advocate and raise awareness of the impact of climate change on older persons. <b>(Align to Positive Ageing Policy)</b>	1.1 OPAC to comment on summary report and advocate on the Municipal Climate Emergency Plan and actions  1.2 Raise Council's awareness of the impact on climate change on older persons and provide advice on preventative strategies i.e. cool spaces, active transport, accessible waste management, more greening in public spaces/shopping precincts and verges	1.1 Include in OPCC Council Plan and MHWP feedback on consultation for Council to develop a Municipal Climate Emergency Plan  1.2 OPCC Reps to attend relevant Council meetings to advocate for climate emergency and the impact on older residents if Council doesn't act. OPCC continue to have environmental sustainability report as part of the monthly Agenda.	TBC	

## COMMUNICATION

Strategic Actions	Deliverables	Process	Timeline	Outcome
1. Advocate for Council to provide opportunities for older people to increase their digital literacy	1.1 Advocate for digital literacy programs to be offered through Council services i.e. Libraries, Grants & funding programs, aged care service	1.1 Include in the 2022/23 Council Plan & Budget Submission  1.2 2.2 Establish a Communications Working Group to work with Team Leader Community Building to	Feb  April	

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		increase digital literacy training opportunities for older residents		
2. Ensure Council keeps older persons who are not online informed about Council business and relevant community activities	2.1 Advocate for the reintroduction of a Council newsletter i.e. DiverCity or Older persons newsletter	2.1 Include in the 2022/23 Council Plan & Budget Submission  2.2 Establish a Communications Working Group to work with Team Leader Community Building with the development of an Older Persons Newsletter	Feb  April	
3 Organise at least one OPAC Forum or workshop to celebrate or inform older residents of relevant issues (Next FY- part of Seniors Festival)	3.1 Explore the possibility of running a forum on relevant topic as part of 2022 Seniors Festival	5.1 OPAC to decide on relevant topic OPAC Seniors Festival Subcommittee to advise and assist	June to Oct	
4 Stay informed of issues impacting older LGBTIQ, disability, Multicultural and First Nations communities and where appropriate advocate on their behalf	4.1 Stay informed about the progress of the Diversity and Inclusion Framework (D&IF)  4.2 Advocate for Council to outline a formal engagement strategy with the OPAC & other advisory committees i.e. Multicultural, LGBTIQA+, Youth, Reconciliation Action Group, Multifaith Network. Strategy to be included in the D&IF  4.3 Advocate for other relevant Committees to be establish such as a Disability Advisory Committee	4.1 Consult/advise on the D&IF with relevant Council Officers  4.2 Advocate to relevant Council Officers to set up a process for Advisory committee Chairs to meet regularly as suggested by the CEO at the OPAC Dec 2021 meeting  4.3 Include in the 2022/23 Council Plan & Budget Submission and Access & Inclusion Plan consultation	TBC  TBC	

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5	Where applicable advocate at a state-wide level on issues affecting older residents in Port Phillip that are broader than Council's remit	5.1 Where applicable, work with other key older person's advocacy organisations in other Council's on issues that are broader than Port Phillip, i.e. ageism housing and homelessness	9.1 Stay informed of the positive ageing work that MAV & COTA are doing. Coordinator Grants & Community Building & Team Leader Community Building will keep OPAC informed via emails and OPAC meetings		
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2022 OPAC Sub Committees	Members	Days/Times/Location
Seniors Festival	Coral Ling, Liz Robson, Betty Knight, Sue McGowan	
Governance	Freda Erlich, Coralie Ling, Wendy Priddle, Ian McDonald	
Positive Ageing Policy	Freda Erlich, Coralie Ling, Wendy Priddle, Ian McDonald, Georgina Tsolidis, Liz Robson, Neville Aphoy, Mary Noall	Workshop 1 – Week commencing 14 Mar Workshop 2 – Week commencing 28 Mar Workshop 3 – Week commencing 16 May

2022 OPAC Working Groups	Members	Days/Times/Location
2022 Planning	Freda Erlich, Coralie Ling, Wendy Priddle, Ian McDonald, Rosemary Rule, Sue McGowan, Judith Armstrong, Liz Robson	4 January 2022 – Ms Teams
South Melbourne Market	Sheila Quairney, Sue McGowan	
Public Spaces & Physical Environment	To be established	
Sport, Recreation & Social Activities	To be established Judith Armstrong	
Communications	To be established Rosemary Rule	

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