

Social Support November 2025 Activities

The Social Connection team hope you can join us for activities during November.

We invite you to our End of Year Event at Russo Estate on 27 November.

Limited places still available!

Bookings

- Phone **9209 6738** or Email: socialinclusion@portphillip.vic.gov.au
- Please include your name, phone number and the program.
- **Cancellations** Full fees may apply to cancellations after the RSVP date.
- Otherwise, a minimum of 24 hours cancellation required/charges apply.
- **Transport:** Allow 1 hour prior & 1 hour after the activity.
- Approximate Pick-up times notified on the day prior/or morning of the activity.
- Drinks purchased at own cost.
- We reserve the right to alter program/times or cancel program.
- **Additional fees** apply to some activities as advertised.
- **Activity fees*** apply to all programs (see below).

CHSP Fee Schedule - The 2025-2026

Fee schedule will commence from the **1 September 2025**. Please refer schedule below.

Fee description	Unit of measure	2024/25 fee	2025/26 fee
Social Inclusion Program – Group	Per hour	\$3.60	\$3.70

Fees including GST if applicable



Monday Balance, Falls & Strength Training 9.30am -10.30am

Date	Activity & Location	RSVP
Monday 3, 10, 17 and 24 November	Platinum Physio Malvern: Participate in Gentle Exercise to improve strength, balance and prevent falls	3 days before

Monday lunch outing 12:45pm – 2:45pm

Date	Activity & Location	RSVP
3 November	Space-Café, St Kilda	24 October
10 November	Golden Gate Hotel, South Melbourne	31 October
17 November	Bridge Store, Balaclava	7 November
24 November	For Change Cafe, Middle Park	14 November

Tuesday outing 9.30am – 2:30pm

Date	Activity & Location	RSVP
11 November	Morning melodies Clocktower Centre Moonee Ponds and café lunch Cilla: You're My World: featuring Danielle O'Malley, is a cabaret full of the powerhouse vocals and self-deprecating humour that made Cilla Black one of the UK's most beloved icons. Price: \$ 26 plus activity fee*	3 November



Tuesday outing 9.30am – 2:30pm

18 November	Movie: <i>Springsteen: Deliver Me from Nowhere</i> at the Classic Cinema, Elsternwick and lunch at Loco Café <i>Springsteen: Deliver Me from Nowhere</i> chronicles the making of Bruce Springsteen's 1982 "Nebraska" album. Recorded on a 4-track recorder in Springsteen's New Jersey bedroom, the album marked a pivotal time in his life	10 November
25 November	Movie: <i>Kiss of the Spider Woman</i> at the Classic Cinema, Elsternwick and lunch at Loco Café <i>Kiss of the Spider Woman</i>: A political prisoner named Valentín shares a cell with a man named Molina. They form an unlikely bond as Molina recounts a Hollywood musical plot.	17 November

Wednesday Morning Water Leisure & catch up 9:30 - 11.30am

Date	Activity & Location	RSVP
Wednesday 5, 12, 19 and 26 November	Water Leisure , Carnegie Memorial Hydro Pool or swimming laps, followed by a café catch up	3 days before



Wednesday Balance, Falls & Strength Training 10.30 -11.30am

Date	Activity & Location	RSVP
Wednesday 5, 12, 19 and 26 November	Platinum Physio Malvern: Participate in Gentle Exercise to improve strength, balance and prevent falls	3 days before

Line Dancing: Thursday 10.30am – 12:30pm

Date	Activity & Location	RSVP
Thursday 6, 13, 20 and 27 November	New teacher - Introduction to Line Dancing, Fisherman's Bend Community Centre and catch up at Local Rules Coffee Roaster café. Have fun and learn simple moves and dances. This low-impact exercise is great for physical and mental health.	3 days before

All Day Outing: Thursday 9.30am – 3:30pm

Date	Activity & Location	RSVP
6 November	Discover the Australian Music Vault: Arts Centre Melbourne. Followed by lunch at the Riverland Bar, located by the Yarra River. The Australian Music Vault is an exhibition celebrating the legends, stories and soundtrack of Australian music. We will visit the Floral Clock, a Melbourne landmark.	28 October



All Day Outing: Thursday 9:00am – 5:30pm

Date	Activity & Location	RSVP
13 November	Train trip to Castlemaine Art Gallery and lunch Catch 9am train from Southern Cross station to Castlemaine Art Gallery to see the Summer Fields Painting and Sound Exhibition by Justin Andrews. Explore the shops enjoy lunch at Saff's Café, Castlemaine. Additional fees: Train fare \$5.50 plus own MYKI Buy your own lunch	5 November

All Day Outing: Thursday 9.30am – 3:30pm

Date	Activity & Location	RSVP
20 November	Central Park Conservatory tour, gardens and lunch at The Camden Hotel Covering almost 19 acres, Central Park, Malvern East includes avenue trees, shrubs and flowerbeds and open space. Home to one of the oldest conservatories in Victoria and is one of the few Edwardian public gardens. Followed by lunch at the Camden Hotel, Caulfield South.	11 November

End of Year Event at Russo Estate



Thursday 27 November 9.30am – 3:00pm

Date	Activity & Location	RSVP
27 November	End of Year Event at Russo Estate, Diggers Rest. Join us for a special day out and dining experience. Enjoy a three-course meal, taking in the stunning views of the estate and vineyard. Price: \$28.90 plus activity fee* Full fees may apply to cancellations Limited places still available or go on the wait list!	24 October



Friday 10.00 – 2:00 pm

Date	Activity & Location	RSVP
7 November	Westgate Park and lunch at Pier 35 Bar & Grill Port Melbourne Westgate Park is Located along the eastern banks of the Yarra River under the Westgate Bridge, with spectacular views to the mouth of the Yarra and the city skyline. Followed by Pier 35 Restaurant, where we will meet the lunch group.	
21 November	St Vincent Gardens and lunch at Salam Café, Port Melbourne St Vincent Gardens in the Melbourne suburb of Albert Park, is an Australian park of national significance. The nineteenth century residential development is around a large, landscaped square. Followed by Salam Café, where we will meet the lunch group.	

Friday Lunch 12:00pm – 2:00 pm

Date	Activity & Location	RSVP
7 November	Pier 35 Restaurant. Port Melbourne	30 October
14 November	Lavendar Café, Albert Park	6 November
21 November	Salam Café, Port Melbourne	13 November
28 November	Tomi Pizza, Balaclava	20 November



December – Early birds! Book Now!

Date	Activity & Location	RSVP
Thursday 4 December	Payne's Orchards and lunch at Black Espresso Bar, Bacchus Marsh Pick your own naturally grown cherries. Opportunity to buy fresh seasonal produce in the sheds. Buy your own lunch Price: \$5 admission and \$7 per kg for picked fruit plus activity fee*	13 November
Tuesday 9 December	Morning melodies: Christmas Belle, Kingston and morning tea Herald in the Christmas season with the fabulous Gina Hogan. Sit back and enjoy as Gina and her special guest capture the meaning of Christmas, singing some loved and well-known carols. Opportunity to buy your lunch Price: \$ 15 plus activity fee*	10 November

January 2026 – Early birds! Book Now!

Date	Activity & Location	RSVP
Thursday 15 January 2026	Australian Open Opening Week Ground Pass Experience the behind the scenes before the Australian Open officially kicks off. Watch the players on outdoor courts in the qualifying rounds and practice at Rod Laver Arena Explore Opening Week entertainment across the AO precinct. Opportunity to buy your lunch Price: \$10 plus activity fee*	7 November

