

Walking group leaders, companions and support people

Christ Church Community Centre

Organisation Information

Organisation name:	Christ Church Community Centre (coordinating organisation) <i>Partners include: Access Care Southern, Alma Rd Community Centre, Bentleigh Bayside Community Health Service, Caulfield South Community House, Inner South Community Health Service, John Macrae Centre, Caulfield Community Health Service, New Hope Migrant and Refugee Centre and the Inner South East Partnership in Community and Health</i>
Aim / mission of organisation:	All organisations involved in this project aim to promote walking options and strengthen social support for people within their local communities.
Address:	Christ Church Mission Inc Cnr Acland St and Eildon Rd St Kilda PO Box 1221 St Kilda Vic 3182
Phone:	95349250
Fax:	95349250
Email:	ccmisk@ozemail.com.au
Operating hours:	9am to 5pm Monday-Friday

Volunteer Position Information

Position title:	Walking group leaders, companions and support people
Tasks / duties:	<p>Tasks/duties are flexible, and dependent on the walking group volunteers may:</p> <ul style="list-style-type: none"> - help organise where the group will walk - make sure all members of the group feel welcome and included - encourage friendships and socialisation among group members - act as a walking companion to particular members of a group <p>NB some groups involve working with people disabilities (accompanied by health professionals); some involve working with socially isolated groups</p>
Skills & knowledge:	<p>Good communication skills</p> <p>Enjoy working with and helping others</p> <p>Interest in walking and basic level walking ability (walking groups range in pace)</p>

Special requirements (e.g. police check):	Police check may be required – depending on walking group		
Time commitment:	Most walking groups require around 2 hours a week or fortnight Preference will be given to volunteers who can commit to the groups for 12 months (can be negotiated with individual organisations)		
Days required:	Weekdays – day varies depending on walking group		
Location of position:	Stonnington, Port Phillip and Glen Eira areas – depending on walking group		
Other comments:	Volunteers will be matched with the most appropriate walking group for their location, level of walking ability and group characteristics		
Contact person:	Linda Williamson (project worker, Fridays)	Contact details:	Ph: 9534-9250 Email: lm5williamson@gmail.com
Closing date:	Ongoing		