



NAME.....

Sustainable Living at Home: Home Waste & Spending Action Challenge

The Home Waste & Spending Action Challenge is a guide for you to commit to waste reduction actions that are applicable in your home. The actions range from no cost, simple behaviour changes achievable now to actions that require more steps, planning and cost - but importantly they ALL lead to reductions in your waste generation.

Taking the Action Challenge is easy:

1. Read through each section below and identify the actions that relate to your home and lifestyle.
2. Indicate whether you plan to undertake this action in your household (Y/N).
3. Identify what type of action this is for you: **immediate and/or no cost**, **low cost / short term**, **longer term** or other actions.
4. For actions that are immediate and no cost, indicate up to 3 actions that can be undertaken before the next SLAHminar. These actions form the basis for your Home Waste & Spending Action Plan.
5. Bring your completed Home Waste & Spending Action Challenge to the Spend Wise SLAHminar (3 December) to discuss your actions and achievements. For more information on actions visit the SLAH website links, at www.portphillip.vic.gov.au/slah .

Actions	I/We will undertake this action (Yes / No)	Action Type <i>Immediate / No Cost</i> <i>Low Cost / Short Term</i> <i>Longer Term</i> <i>Other</i>	To be completed by (Date)	I/We have achieved this Action (Yes / No)
Before I buy				
I will not buy things that I already have				
I will not buy things I will not use				
I will not buy things that I know will break quickly and need replacement				
I will not buy something that I can borrow from a friend, family member or from a lending library				
I will not buy something if there is anything that I already have that I can use instead				



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When I buy Something				
I will reduce the amount of goods that I buy, avoiding unnecessary purchasing				
I will buy locally produced goods where possible				
I will buy products made from recycled materials				
I will buy products that I can maintain and repair myself				
I will buy products that I know how to dispose of correctly when they are no longer needed				
I will buy products that can be reused before they are disposed of				
I will buy products that I can recycle after use (and reuse)				
I will not buy products with excess packaging				
I will avoid buying products made from more than one material that cannot be separated into recycled materials, For example laminated paper				
I will buy products in refillable containers				
I will buy in bulk when it reduces the amount of packaging that needs to be disposed of				
I will avoid products that have high levels of harmful chemicals, preservatives or other materials harmful to the environment.				



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Bags/Containers				
I will use a reusable shopping bag when I shop and say NO, thank you, to plastic bags				
I will take my own mug to the café instead of using a disposable cup				
I will take my own containers to shops such as delis and butcher stores when buying food, avoiding plastic				
If I have them already, I will re-use plastic shopping bags or return them to larger supermarkets for recycling				
If will rinse and re-use other plastic bags that I have				
Before I throw something away:				
I will consider if an item can be re-used before I dispose of it				
I will check to see if items can be repaired before I dispose of them				
I will see if a friend, a family member or a charitable organisation has a use for an item before I dispose of it				
When I throw something away				
I will place all items that can be recycled in the kerb-side recycling bin				
I will compost all organic waste produced by my garden and kitchen				
I will safely store any hazardous material before taking them to a 'Detox Your Home' Chemical Collection Day at the City of Port Phillip Transfer station.				



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Where I Invest				
I will change my investment fund to one that invests in enterprises that have environmentally and socially responsible practices				
I will switch banks to one that supports enterprises that have environmentally and socially responsible practices				
I will change my superannuation to one that invests in enterprises that have environmentally and socially responsible practices				
The food that I buy				
I will buy fresh and preferably unpackaged food rather than packaged or processed food wherever possible				
I will buy organic food wherever possible				
I will eat less animal-based foods (meat, dairy, etc)				
I will become vegetarian or vegan				



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What other Actions can you commit to undertake?

Actions	I/We will undertake this action (Yes / No)	Action Type Immediate / No Cost Low Cost / Short Term Longer Term Other	To be completed by (Date)	I/We have achieved this Action (Yes / No)
Other Actions				

You have finished the Home Waste & Spending Action Challenge.

Please bring your completed Home Waste & Spending Action Challenge to the Spend Wise SLAHminar (3 December) to discuss your actions and achievements.

Disclaimer

This Home Shopping Action Challenge has been based on the Home “Watching your Wasteline: A home – waste green purchasing audit” produced by Darebin City Council. The information contained within this document is understood to be correct at the time of printing and is intended to provide guidance to participants of the Sustainable Living At Home Program. Participants should consult other information sources directly regarding the appropriateness of actions with respect to circumstances beyond the control of the program, such as climactic conditions, changes in cost of action, appropriateness of actions in homes, and the installation of products. The City of Port Phillip accepts no liability whatsoever to any person for injury, loss or damage that may arise in connection with any use or reliance on this information.