



CAULFIELD GENERAL
MEDICAL CENTRE

PORT PHILLIP COMMUNITY REHABILITATION CENTRE

A.B.N. 273 189 563 19

341 Coventry Street, South Melbourne, 3205
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PPCRC Tram Group

Why do we run the group?

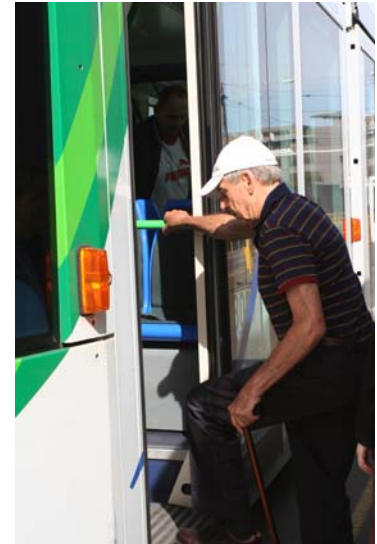
To increase participants' confidence, safety and independence when using Public Transport.

Who attends?

People who have recently had a change in mobility, which has affected their safety or confidence catching public transport.

Where does it take place?

Southbank Tram Depot, Melbourne



How is the group run?

30 minute education component outlining safety tips followed by a practical component practising on different models of trams. Individual 1:1 sessions may follow in client's local area if required.

Benefits of the group?

- Improved risk management with public transport training
- Graded approach to skill development
- Improved client understanding of the public transport system and the role of Yarra Trams employees

In order to attend the group, people must:

- Be able to walk independently (with or without a walking aid);
- Have a recent change in function;
- Live in PPCRC catchment area which includes the City of Port Phillip and parts of the City of Stonnington; and
- Have a physiotherapy assessment prior to attending.

How do I refer to the group?

Referrals can be made by contacting the information and referral worker on 9690 9144

